

## 10 Activity Ideas for Developing Fine Motor Skills at Home

Learning to write is such an exciting part of starting school but this relies upon children already having good fine motor skills in order for their little hands and fingers to be able to handle pencils with good control. Here are some ideas to help with this at home over the next few weeks:



1. Playdoh - can you squash, squeeze and roll the playdoh?
2. Threading beads or pasta onto string, spaghetti or pipe cleaners.
3. Using vegetable stampers to print with paint.
4. Doing up our own buttons and zips.
5. Using tweezers to pick up small objects.
6. Attaching bricks together (smaller bricks, e.g. Lego, are trickier!)
7. Finger painting/painting with cotton buds.
8. Using a paintbrush with either paint or water (water painting on the ground or walls outside is fantastic fun!).
9. Tearing, cutting and collaging different materials.
10. Pushing cars inside increasingly narrow tracks.

