SCAVENGER HUNT

A dog ☐	Fountain ☐	✉ ☐	Post box ☐	Robin ☐
🔺 ☐	Road cone ☐	Street light ☐	Gate ☐	Park bench ☐
Pedestrian crossing ☐	Telephone box ☐	Feather ☐	🍃 ☐	Twig ☐
Pebble ☐	🦋 ☐	Butterfly ☐	Brown leaf ☐	Flower ☐
Green leaf ☐	Duck ☐	Something smooth ☐	Puddle ☐	👣 ☐
🪶 ☐	Squirrel ☐	Something yellow ☐	Ladybird ☐	A foot print ☐

On my walk I saw...

ADD YOUR TITLE HERE

#WALKING FROM HOME

WALKING ACTIVITIES FOR PRIMARY SCHOOL-AGED CHILDREN

LIVING STREETS — LET'S WALK TO SCHOOL

SHARE

Sometimes it's easier to walk and talk. While out for a walk, talk to your child about how they are feeling using these activities to make it fun and playful. Remember to always wash your hands before and after your walk.

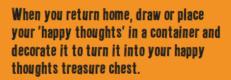Share your experiences, snaps and videos on social media.

#WalkingFromHome   **LIVINGSTREETS**   **@LIVINGSTREETS**   **LIVINGSTREETSUK**

MAKE A FEELINGS STICK

AGES 8-11

Each time you go out on a walk collect something that shows how you are feeling and attach it to your stick with wool or string when you get home.

TIP: you could use different coloured things to show different feelings.

HAPPY THOUGHTS TREASURE CHEST

AGES 4-7

When out on your walk think of all the things that make you happy, perhaps playing, drawing, or dreaming about enchanted lands.

Collect or make a note of one thing to symbolise each happy thought.

When you return home, draw or place your 'happy thoughts' in a container and decorate it to turn it into your happy thoughts treasure chest.

INDOOR CHALLENGE

Can you draw an emotions tree?

Draw the outline of a tree with a big leaf for each different emotion you can think of.

Think about the colours that best reflect those emotions and use them to shade each of the leaves.

Living Streets is the UK charity for everyday walking and the people behind the Walk to School campaign. Visit our website to find out more:

LIVINGSTREETS.ORG.UK/PRIMARY-SCHOOLS