

WEEK 1 MENU

WEEKS: 21/04, 12/05, 09/06. 30/06, 21/07, 01,09, 22/09, 13/10

HOT MARKET

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAIN MEAL Baked Sausage Roll served with Crispy Cubed Potatoes & Baked Beans or Fresh Salad Cheese & Ham French Bread Pizza served with Jacket Potato Wedges, Crunchy Carrot & Cucumber Sticks Homemade Beef Lasagne served with Wholemeal Garlic & Herb Bread, Mixed Vegetables or Salad

Roast Pork served with Roast Potatoes, Carrots, Broccoli, Yorkshire Pudding and Gravy Fish Fingers or Salmon Fish Fingers served with Chips, Garden Peas or Baked Beans & Ketchup

MEAT FREE Vegan Sausage Roll served with Crispy Cubed Potatoes & Baked Beans or Fresh Salad Cheese & Tomato
French Bread Pizza
served with
Jacket Potato Wedges,
Crunchy Carrot &
Cucumber Sticks

Roasted Vegetable & Lentil Lasagne served with Wholemeal Garlic & Herb Bread, Mixed Vegetables or Salad

Creamy Leek Wellington served with Roast Potatoes, Carrots, Broccoli, Yorkshire Pudding and Gravy Vegan Quorn Sausage served with Chips, Garden Peas or Baked Beans & Ketchup

PASTA & JACKETS

Jacket Potato with Choice of Toppings served with Fresh Salad Pasta Twists with Homemade Tomato and Vegetable Sauce served with Fresh Salad and Chunky Bread Jacket Potato with Choice of Toppings served with Fresh Salad Pasta Twists with Cheddar Cheese Sauce with Fresh Salad and Chunky Bread Filled Baguette served with Chips, Garden Peas or Baked Beans & Ketchup

DESSERTS

Choose One of Our Fabulous Desserts Chocolate Crispy Cake Fruity Jelly Fresh Fruit Pot Choose One of Our Fabulous Desserts Apple & Summer Berry Crumble & Custard Fruit Yogurt & Coulis Fresh Fruit Pot Choose One of Our Fabulous Desserts Peach & Vanilla Sponge Fruity Jelly Fresh Fruit Pot Choose One of Our Fabulous Desserts Vanilla Ice-Cream & Fruit Sauce Fruit Yogurt & Coulis Fresh Fruit Pot

Choose One of Our Fabulous Desserts Chocolate Brownie Fruity Jelly Fresh Fruit Pot



WEEK 2 MENU

WEEKS: 28/04, 19/05, 16/06, 07/07, 08/09, 29/09, 20/10

HOT MARKET

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAIN MEAL Traditional Macaroni Cheese served with Wholemeal Garlic & Herb Bread and Seasonal Vegetables Fish Finger Wrap served with Crispy Cubed Potatoes & Baked Beans or Fresh Salad Meat Feast
Wholemeal Pizza
served with
Baked Potato Wedges,
Peas & Sweetcorn

Mild Beef Chilli Con Carne served with Mexican Rice, Tortilla Chips & Seasonal Vegetables Chicken Nuggets served with Chips, Garden Peas or Baked Beans & Ketchup

MEAT FREE Mediterranean
Vegetable Pasta Bake
served with Wholemeal
Garlic & Herb Bread
and Seasonal Vegetables

Fishless Finger wrap served with Crispy Cubed Potatoes & Baked Beans or Fresh Salad Margherita
Wholemeal Pizza
served with
Baked Potato Wedges,
Peas & Sweetcorn

Five Bean Mild Chilli Served with Mexican Rice, Tortilla Chips & Seasonal Vegetables Vegetable Nuggets served with Chips, Garden Peas or Baked Beans & Ketchup

PASTA & JACKETS

Jacket Potato with Choice of Toppings served with Fresh Salad Pasta Twists with Homemade Tomato and Vegetable Sauce served with Fresh Salad and Chunky Bread Jacket Potato with Choice of Toppings served with Fresh Salad Pasta Twists with Cheddar Cheese Sauce with Fresh Salad and Chunky Bread Filled Baguette served with Chips, Garden Peas or Baked Beans & Ketchup

DESSERTS

Choose One of Our Fabulous Desserts Chocolate Sponge Fruity Jelly Fresh Fruit Pot Choose One of Our Fabulous Desserts Strawberry Mousse Fruit Yogurt & Coulis Fresh Fruit Pot Choose One of Our Fabulous Desserts Marble Cake Fruity Jelly Fresh Fruit Pot Choose One of Our Fabulous Desserts Vanilla Ice-Cream & Fruit Sauce Fruit Yogurt & Coulis Fresh Fruit Pot

Choose One of Our Fabulous Desserts Jaffa Style Sponge Fruity Jelly Fresh Fruit Pot



WEEK 3 MENU

WEEKS: 05/05, 02/06, 23/06, 14/07, 15/09,06/10

HOT MARKET

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAIN MEAL Fish Fingers served with Creamy Mashed Potato & Spaghetti Hoops BBQ Pulled Chicken Wrap served with Savoury Wholegrain Vegetable Rice Salad or Coleslaw Beef Bolognese Pasta served with Garlic & Herb Bread and Mixed Vegetables Roast Chicken served with Roast Potatoes, Carrots, Cabbage, Yorkshire Pudding and Gravy Beef Burger in a Bun served with Chips, Garden Peas or Baked Beans & Ketchup

MEAT FREE Fishless Fingers served with Creamy Mashed Potato & Spaghetti Hoops Veggie Mince Chili Wrap served with Savoury Wholegrain Vegetable Rice Salad or Coleslaw Vegetable & Lentil Bolognese Pasta served with Garlic & Herb Bread and Mixed Vegetables Quorn Fillet served with Roast Potatoes, Carrots, Cabbage, Yorkshire Pudding and Gravy

Vegetable Burger in a Bun served with Chips, Garden Peas or Baked Beans & Ketchup

PASTA & JACKETS

Jacket Potato with Choice of Toppings served with Fresh Salad Pasta Twists with Homemade Tomato and Vegetable Sauce served with Fresh Salad and Chunky Bread Jacket Potato with Choice of Toppings served with Fresh Salad Pasta Twists with Cheddar Cheese Sauce with Fresh Salad and Chunky Bread Filled Baguette served with Chips, Garden Peas or Baked Beans & Ketchup

DESSERTS

Choose One of Our Fabulous Desserts Sprinkle Cookie & Orange Wedge Fruity Jelly Fresh Fruit Pot

Choose One of Our Fabulous Desserts Sticky Toffee Apple Cake Fruit Yogurt & Coulis Fresh Fruit Pot Choose One of Our Fabulous Desserts Cheesecake Fruity Jelly Fresh Fruit Pot Choose One of Our Fabulous Desserts Vanilla Ice-Cream & Fruit Sauce Fruit Yogurt & Coulis Fresh Fruit Pot

Choose One of Our Fabulous Desserts Lemon Drizzle Cake Fruity Jelly Fresh Fruit Pot