



COVID HAS NOT GONE AWAY

Make sure **YOU PLAY YOUR PART**
to keep our schools safe.

FOLLOW THE RULES

We are still in **STEP 2** of the government roadmap



Groups of up to six people, or larger groups from a maximum of two households, can now meet outdoors.



Staying overnight / sleepovers and indoor gatherings, including playdates and parties, are **NOT ALLOWED**.

⚠ Wash your hands

- ✓ Good hand hygiene is still important
- ✓ Make hand washing the last thing you and your child do before leaving the house, and the first thing you do when you get home

⚠ Wear a face covering

- ✓ Wear a face covering indoors where social distancing may be difficult
- ✓ If your child attends secondary school, ensure they also have one for school or college, unless they're exempt

⚠ Get a test

- ✓ Rapid testing at home is now available for all adults without symptoms
- ✓ By taking regular tests you can help to reduce the spread of the virus and help those around you stay healthy and safe

⚠ Self-isolate if you develop symptoms.

- ⚠ **The symptoms of COVID-19 are:** a high temperature, a new continuous cough or a loss or change to your sense of smell or taste
- ✓ To book a PCR test please visit www.nhs.uk/coronavirus or phoning 119

For updates and advice please check our websites which will be regularly updated www.cambridgeshire.gov.uk and www.gov.uk