

#### Commencing: 1st Nov, 22nd Nov, 13th Dec, 17th Jan, 7th Feb, 7th March, 28th March

Allergen Key: Barley (B), Celery (C), Egg (E), Fish (F), Gluten (G), Lupin (L), Milk (MK), Mustard (MU), Sesame Seeds (SE), Soya (SO), Sulphites (SU), Wheat (W)

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Main: Meat Option	Beefburger in a Bun with Baked Wedges and Seasonal Vegetables	BBQ Chicken Wrap served with Baby New Potatoes and Fresh Salad	Beef Lasagne served with Garlic Bread and Seasonal Vegetables	Farm Assured Roast Chicken with Roast Potatoes, Seasonal Vegetables, Yorkshire Pudding and Gravy	Cod Fish Fingers served with Chips, Garden Peas and Baked Beans *Salmon Fish Fingers Available
	(G) (W) (SE)	(G) (W) (B) (SO) (C)	(G) (W) (MK)	(G) (W) (E) (MK)	(G) (W) (F)
Main: Meat Free Option	Vegetable Burger in a Bun with Baked Wedges and Seasonal Vegetables	Roasted Vegetable & Cheese Wrap served with Baby New Potatoes and Fresh Salad	Vegetable Lasagne served with Garlic Bread and Seasonal Vegetables	Quorn Roast with Roast Potatoes, Seasonal Vegetables, Yorkshire Pudding and Gravy	Vegetable Nuggets served with Chips, Garden Peas and Baked Beans
	(G) (W) (SU) (MK)	(G) (W) (MK)	(G) (W) (MK)	(G) (W) (E) (MK)	(G) (W)
Main: Pasta & Jackets	Jacket Potato with Cheese and Beans served with Fresh Salad	Pasta Twists with Homemade Tomato and Vegetable Sauce served with Fresh Salad and Fresh Bread	Jacket Potato with Cheese and Beans served with Fresh Salad	Pasta Twists with Cheddar Cheese Sauce served with Fresh Salad and Fresh Bread	Jacket Potato with Cheese and Beans served with Fresh Salad
	(MK)	(G) (W) (MK)	(MK)	(G) (W) (MK)	(MK)
Desserts	Choose One of Our Fabulous Desserts Apple Sponge & Custard Natural Yogurt & Toppings Fresh Fruit Salad (G) (W) (E) (MK)	Choose One of Our Fabulous Desserts Chocolate Brownie Cheese & Biscuits Fresh Fruit Salad (G) (W) (E) (MK)	Choose One of Our Fabulous Desserts Cherry Cookie Nat. Yogurt & Toppings Fresh Fruit Salad (G) (W) (MK)	Choose One of Our Fabulous Desserts Fruit Flapjack Cheese & Biscuits Fresh Fruit Salad (G) (W) (MK)	Choose One of Our Fabulous Desserts Fruity Rocket Lolly Nat. Yogurt & Toppings Fresh Fruit Salad (G) (W) (MK)

### Available every day:

A selection of fresh vegetables and tasty salad Delicious freshly baked bread





### Commencing: 8th Nov, 29th Nov, 3rd Jan, 24th Jan, 21st Feb, 14th March

Allergen Key: Barley (B), Celery (C), Egg (E), Fish (F), Gluten (G), Lupin (L), Milk (MK), Mustard (MU), Sesame Seeds (SE), Soya (SO), Sulphites (SU), Wheat (W)

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Main: Meat Option	Hand Made Meat Feast Pizza served with Herby Diced Potatoes and Coleslaw	Butcher's Sausages served with Mashed Potatoes, Seasonal Vegetables and Rich Gravy	Sticky Texan Chicken served with Golden Vegetable Rice and Pitta Slice	Roast Loin of Pork with Roast Potatoes, Seasonal Vegetables, Stuffing and Gravy	Cod Fish Fingers served with Chips, Garden Peas and Baked Beans and Tomato Ketchup
	(G) (W) (SO) (MK) (E)	(G)(W)(SU)(MK)(SO)	(G) (W) (B) (C) (SO)	(G) (W)	(G) (W) (F)
Main: Meat Free Option	Hand Made Cheese and Tomato Pizza served with Herby Diced Potatoes and Coleslaw	Quorn Sausages served with Mashed Potatoes, Seasonal Vegetables and Rich Gravy	Classic Mac 'n' Cheese with Fresh Salad and Pitta Slice	Quorn Roast with Roast Potatoes, Seasonal Vegetables, Stuffing and Gravy	Vegetable Nuggets served with Chips, Garden Peas and Baked Beans and Tomato Ketchup
	(G) (W) (SO) (MK) (E)	(G) (W) (B) (E) (MK)	(G) (W) (MK)	(G) (W) (E)	(G) (W)
Main: Pasta & Jackets	Jacket Potato with Cheese and Beans served with Fresh Salad (MK)	Pasta Twists with Homemade Tomato and Vegetable Sauce served with Fresh Salad and Fresh Bread (G) (W) (MK)	Jacket Potato with Cheese and Beans served with Fresh Salad (MK)	Pasta Twists with Cheddar Cheese Sauce served with Fresh Salad and Fresh Bread (G) (W) (MK)	Jacket Potato with Cheese and Beans served with Fresh Salad (MK)
Desserts	Choose One of Our Fabulous Desserts Chocolate Crunch Natural Yogurt & Toppings Fresh Fruit Salad (G) (W) (E) (MK)	Choose One of Our Fabulous Desserts Mixed Berry Sponge Cheese & Biscuits Fresh Fruit Salad (G) (W) (E) (MK)	Choose One of Our Fabulous Desserts Apple Crumble & Custard Nat. Yogurt & Toppings Fresh Fruit Salad (G) (W) (E) (MK)	Choose One of Our Fabulous Desserts Banoffee Pancake Cheese & Biscuits Fresh Fruit Salad (G) (W) (E) (MK)	Choose One of Our Fabulous Desserts Ice Cream and Fruit Sauce Nat. Yogurt & Toppings Fresh Fruit Salad (G) (W) (MK)

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### Commencing: 15th Nov, 6th Dec, 10th Jan, 31st Jan, 28th Feb, 21st March

Allergen Key: Barley (B), Celery (C), Egg (E), Fish (F), Gluten (G), Lupin (L), Milk (MK), Mustard (MU), Sesame Seeds (SE), Soya (SO), Sulphites (SU), Wheat (W)

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Main: Meat Option	Hot Dog in a Roll served with Potato Wedges, Seasonal Vegetables and Tomato Ketchup	Mild and Creamy Chicken Curry with Fluffy Rice and Pitta Slice	Pasta Bolognese served with Seasonal Vegetables and Garlic Bread	Farm Assured Roast Chicken with Roast Potatoes, Seasonal Vegetables, Yorkshire Pudding and Gravy	Cod Fish Fingers served with Chips, Garden Peas and Baked Beans and Tomato Ketchup
	(G) (W) (SU) (SO) (SE)	(G) (W) (MK)	(G) (W) (MK)	(G) (W) (E) (MK)	(G) (W) (F)
Main: Meat Free Option	Quorn Dog in a Roll served with Potato Wedges, Seasonal Vegetables and Tomato Ketchup	Cheese & Tomato Pizza served with Potato Wedges and Fresh Salad	Mediterranean Vegetable and Tomato Pasta with Seasonal Vegetables and Garlic Bread	Quorn Roast with Roast Potatoes, Seasonal Vegetables, Yorkshire Pudding and Gravy	Vegetable Nuggets served with Chips, Garden Peas and Baked Beans and Tomato Ketchup
	(G)(W)(B)(MK)(E)(SE)	(G) (W) (E) (MK) (SO)	(G) (W) (MK)	(G) (W) (E) (MK)	(G) (W)
Main: Pasta & Jackets	Jacket Potato with Cheese and Beans served with Fresh Salad (MK)	Pasta Twists with Homemade Tomato and Vegetable Sauce served with Fresh Salad and Fresh Bread (G) (W) (MK)	Jacket Potato with Cheese and Beans served with Fresh Salad (MK)	Pasta Twists with Cheddar Cheese Sauce served with Fresh Salad and Fresh Bread  (G) (W) (MK)	Jacket Potato with Cheese and Beans served with Fresh Salad (MK)
	Choose One of Our	Choose One of Our	Choose One of Our	Choose One of Our	Choose One of Our
Desserts	Fabulous Desserts Vanilla Crunch Natural Yogurt & Toppings Fresh Fruit Salad (G) (W) (E) (MK)	Fabulous Desserts Chocolate Cake Cheese & Biscuits Fresh Fruit Salad (G) (W) (E) (MK)	Fabulous Desserts Lemon Drizzle Cake Nat. Yogurt & Toppings Fresh Fruit Salad (G) (W) (E) (MK)	Fabulous Desserts Strawberry Delight Cheese & Biscuits Fresh Fruit Salad (MK)	Fabulous Desserts Tutti Fruity Jelly Nat. Yogurt & Toppings Fresh Fruit Salad (G) (W) (MK)

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