



Healthy School



Arbury Primary School

Newsletter

Autumn 1 2018



Have a Lovely Half Term

The first half term of the year has flown past. I am really delighted in the way in which children have settled into their new classes so quickly.

Please do enjoy the half term break next week. We look forward to seeing children on **Monday 29th October**.

New School Caterer

From Monday 29th October, school meals will be provided by our new caterers, The Lunchtime Company. All meals will be cooked from fresh ingredients, sourced locally where possible, and prepared on site.

Over the course of the academic year there will be various theme days. They tell us that they want to make lunchtime the highlight of the day for everyone at Arbury Primary School.

We have put the menu on the back this newsletter so that that you can have a look at what is on offer each day. A big change for children will be the choice that they have at the counter. Children will be able to see the food on offer before making their choice. We have added the additional choice of pasta and jacket potatoes to the menu. We have also asked for a daily 'Grab and Go' option so that children who would prefer something cold like a sandwich, wrap or baguette can choose this option rather than having to bring a packed lunch to school every day.



Parent/Carer Consultations

Consultations will be held in the second week back after half term. We hope to see as many of you as possible.

Show Racism the Red Card

This week has been 'Show Racism the Red Card' week in school. Don't forget to wear red to school on Friday 19th October in support of 'Show Racism the Red Card'.

Show Racism the Red Card



Harvest Assembly 2018

Thank you to everyone who joined us for our harvest festival assembly. It was certainly an impressive turnout. Jimmy's were delighted to receive your generous gifts of food and toiletries. We have also raised enough money to support our two sponsored children for the coming year—thank you!

Special thanks to our gardening club volunteers for growing such wonderful produce.

School Council 2018-19

A big well done to the children who were elected to the school council for this year. They have already attended their first meeting of the year. The year 2 and year 6 school council members also helped us to choose our new school caterer.



Headteacher: Mr Ben Tull
Newsletter Date
19th October 2018

Diary Dates

- ☺ 22nd to 26th October - Half Term Holiday
- ☺ 31st October - Class 5 Trip to Amey Cespa
- ☺ 1st November - Individual Photographs
- ☺ 2nd November - Class 12 Assembly
- ☺ 2nd November - Class 6 Trip to Amey Cespa
- ☺ 7th November - School Eid Party
- ☺ 9th November - Remembrance Day
- ☺ 12th—23rd November - Anti-Bullying Weeks
- ☺ 15th November @ 3.15 - Sibling photographs
- ☺ 16th November - Children in Need
- ☺ 19th—23rd November - y5/6 Bikeability
- ☺ 28th November - Open Classrooms
- ☺ 7th December @ 2.00 - EYFS Nativity
- ☺ 7th December @ 6.30 - Friends of Arbury Winter Fair
- ☺ 11th and 12th Dec @ 2.00pm - Year 1/2 Production
- ☺ 13th December - School Christmas Dinner
- ☺ 18th December @ 6.00pm - Taste of Christmas
- ☺ 19th December - Last day of Term
- ☺ 20th Dec - 2nd Jan - Christmas Holiday
- ☺ 3rd and 4th Jan - Staff Inset - No children in school
- ☺ 7th Jan - Spring Term Starts for children

Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
Freshly baked bread	Garlic bread	Wholemeal bread	Focaccia	Rosemary wholemeal bread	Garlic & herbed ciabatta
Menu choice 1	Pasta bolognese served with grated cheese	Chicken pie with new potatoes	Beef lasagne	Roast pork with roast potatoes and yorkshire pudding	Fish fingers & chips with tomato ketchup
Menu choice 2	Homemade cheese & potato pasty	Penne pasta with tomato and basil sauce	Vegetable stew served with rice	Vegetarian sausages with roast potatoes and yorkshire pudding	Aubergine and pepper bake
Menu choice 3	Pasta and sauce	Jacket potato and fillings	Pasta and sauce	Jacket potato and fillings	Pasta and sauce
Desserts	Chocolate brownie <small>Sliced fresh fruit, natural yoghurt, cheese & biscuits</small>	Jelly <small>Sliced fresh fruit, natural yoghurt, cheese & biscuits</small>	Marble cake <small>Sliced fresh fruit, natural yoghurt, cheese & biscuits</small>	Fruit cookies <small>Sliced fresh fruit, natural yoghurt, cheese & biscuits</small>	Sticky toffee pudding with toffee sauce <small>Sliced fresh fruit, natural yoghurt, cheese & biscuits</small>

Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
Freshly baked bread	Garlic bread	Wholemeal bread	Focaccia	Rosemary wholemeal bread	Garlic & herbed ciabatta
Menu choice 1	Cheese and tomato pizza	BBQ chicken with new potatoes	Shepherd's pie	Roast chicken, roast potatoes & yorkshire pudding	Battered fish & chips with tomato ketchup
Menu choice 2	Cheese cauliflower & broccoli bake	Vegetable stir fry and rice	Chick pea & lentil ragu with rice	Vegetarian quesadillas	Vegetable wrap
Menu choice 3	Pasta and sauce	Jacket potato and fillings	Pasta and sauce	Jacket potato and fillings	Pasta and sauce
Desserts	Apple crumble & custard <small>Sliced fresh fruit, natural yoghurt, cheese & biscuits</small>	Flapjack <small>Sliced fresh fruit, natural yoghurt, cheese & biscuits</small>	Shortbread biscuits <small>Sliced fresh fruit, natural yoghurt, cheese & biscuits</small>	Mixed fruit cheesecake <small>Sliced fresh fruit, natural yoghurt, cheese & biscuits</small>	Chocolate sponge cake with chocolate sauce <small>Sliced fresh fruit, natural yoghurt, cheese & biscuits</small>

Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday
Freshly baked bread	Garlic bread	Wholemeal bread	Focaccia	Rosemary wholemeal bread	Garlic & herbed ciabatta
Menu choice 1	Sausage with mash potato	Sticky chicken with rice & peas	Beef burger in a bun with lettuce & tomato	Roast turkey with roast potatoes and yorkshire pudding	Fish and chips
Menu choice 2	Macaroni cheese	Moroccan spiced chickpea and vegetable ragout	Vegetable lasagne with garlic bread	Broccoli & tomato pasta bake with melted cheese	Vegetable flat bread pizza
Menu choice 3	Pasta and sauce	Jacket potato and fillings	Pasta and sauce	Jacket potato and fillings	Pasta and sauces
Desserts	Apple sponge pudding with custard <small>Sliced fresh fruit, natural yoghurt, cheese & biscuits</small>	Chocolate cookies <small>Sliced fresh fruit, natural yoghurt, cheese & biscuits</small>	Jam sponge & custard <small>Sliced fresh fruit, natural yoghurt, cheese & biscuits</small>	Ice cream <small>Sliced fresh fruit, natural yoghurt, cheese & biscuits</small>	Bakewell tart <small>Sliced fresh fruit, natural yoghurt, cheese & biscuits</small>

Available every day:

- Seasonable vegetables
- Selection of fresh salad
- Grab & Go

Some of our food may contain allergens. Please ask our chef for advice.

