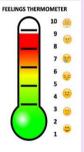
Education Inclusion Family Advisor Newsletter June 2023

Hello everyone and welcome to a new week!

If you would like to chat to me, please contact me on the details below.

Supporting Emotional Literacy

The more a child is able to understand and express their feelings the more able they are to control their emotions. Taking all the words out of it can be beneficial. Feelings thermometers are brilliant and if used by the whole family can really help everyone. Put one up on the fridge and practice gauging how everyone is feeling on a daily basis. It really works!



Activity:

Now that the weather is looking more on the warm side, why don't you get outside and create some pictures using what is around you? Whether you are on a beach or in the middle of a wood, you can create some stunning pictures as a family with what lies around you.

Additional Evening Online Workshops

Supporting with Feelings of Worry – Wednesday 24th May 6-7pm Budgeting & Debt Management – Thursday 8th June 6-7pm Bedtime Battles

 Tuesday 20th June 6-7pm
What to do When Kids Push Your Buttons – Wednesday 5th July 6-7pm.

To book onto one of these please complete: <u>https://forms.office.com/e/zMvCVMqctR</u>

Transitions Workshops

Special Transitions workshops will be running in July, for children starting Primary school or moving to Secondary school. All workshops are 90 minutes long.

Face to Face Early-Years → Primary sessions:

- Littleport CFC 12.7.23, 1.00pm.
- Cambourne Activity rm 11.7.23, 9.30am.
- Chesterton Activity rm 11.7.23, 12.30pm.
- Wisbech CFC 11.7.23, 9.30am.
- Huntingdon Youth, CFC 12.7.23, 9.30am.
- Bargroves, St Neots 10.7.23, 9.30am.

Face to face Primary \rightarrow Secondary sessions:

- Ely CFC 13.7.23, 1.00pm.
- Cambourne Activity rm 11.7.23, 1pm.
- Fields Sunflower rm 13.7.23, 12.30pm.
- Wisbech CFC 11.7.23, 1.00pm.
- Broadleas Main Hall 11.7.23, 1.00pm.
- Sawtry CFC 13.7.23, 12.30pm.

Online Early Years \rightarrow Primary: 25/7/23, 6-7.30 **Online** Primary \rightarrow Secondary: 27/7/23, 6-7.30

Bookings taken <u>from Monday 26th June</u> on: 01480 372700 or speak to your linked worker.



Contact me directly on Amanda.Gilbert@cambridgeshire.gov.uk