

THE RED HEN PROJECT

FRIDAYS 9:45 - 11:45am
19 January - 22 March '24
(except half term)

"...Children don't come with an instruction manual, and we aren't 'born' parents. We all learn along the way..."

Raising Children

A course for parents/carers with children aged 3 – 12 yrs

Refreshments & croissants provided

"I understand my children better. I feel more confident as a parent and I feel more equipped with this new set of parenting tools."

@The Good Shepherd Hall
Mansel Way, CB4 2ET

Get ideas, strategies, hints & tips.
Covering areas such as:

- Discipline strategies that work
- How to help children listen
- Understanding challenging behaviour
- Pressures of parenting
- Raising children's self-esteem



Certificate on completion

* Please note, places are prioritised, and free, to families we work with living in CB4

To find out more, see if it might help you, or to book, please contact Maria on 07966 839 635 or maria@redhenproject.org